



Shaw College Sports and Recreation Course for 2022/23 (Term 1)

逸夫書院康體訓練課程2022/23年度(上學期)

健身室工作坊

FITNESS WORKSHOP

逸夫書院國楸樓**LG3**樓健身室

Fitness Room, LG3/F Kuo Mou Hall,
Shaw College

Date: 18 Oct 2022 (Tue)

Time: 18:00 - 20:00

Deposit: HK\$100

Quota: 15



All staff and students of Shaw
College are wellcome

Application deadline: 11 October 2022



bit.ly/3dap6fa

JOIN NOW

缺席者將不獲發還按金

Deposit will not be refunded if
participants are absent from the
course.