














Shaw College
Student Development Programmes
2022/23 (2nd Term)

Category	Programme Name	Programme Highlights	Date/Period And Time	Language	Details and Enrollment	Deadline
First Year Engagement Programme	"Strengths Profile" Self-discovery Workshop	Enhance self-understanding to facilitate academic and career planning	17 Jan (Tue) 6:45-9:45pm 17 Feb (Fri) 6:45-8:45pm	Cantonese/ English	Enrollment is closed	
Art for life	"Photographing My Vision" Photography workshop	Learn how to take a good photo and how to share your thoughts through the photos taken	11 Feb (Sat) 3pm-5pm 17 Feb (Fri) 7pm-9pm 18 Feb (Sat) 2pm-4pm 25 Feb (Sat) 2pm-5pm 4 Mar (Sat) 2pm-5pm 10 Mar (Fri) 2pm-5pm	Cantonese		7 Feb (Tue)
Community Service Programme	Caring Heart Community Service Project Scheme	Provide subsidy to support student service projects	Summer break 2022/23 and 1 st term 2023/24	N/A		Summer: 8 Mar (Wed) 1 st Term 2023/24 : 31 May (Wed)
Language and Culture Enhancement Programme	"English Through Cooking" Workshop	Practice English while cooking. Students without cooking experience are also welcome.	6 Apr (Thu) 11 Apr (Tue) 13 Apr (Thu) 11:30am-1:30pm Students may join any 1 or all sessions.	English		15 Mar (Wed)

	English for Social and Intercultural Communication Workshop	Enhance social English proficiency	20 & 27 Feb (Mon) 13 & 20 Mar (Mon) 7pm-9pm	English		3 Feb (Fri)
	Survival Cantonese Workshop for Non-Cantonese Speaking Students	Learn survival Cantonese. Fieldwork will be held in the last lesson.	23 Feb (Thu) 2, 16, 23 Mar (Thu) 7pm-9pm	English, Cantonese	Enrollment to be open soon	To be confirmed soon
	Cantonese Workshop on Presentation Skills for MC	MC skills and script-writing training for Cantonese-speaking students	16 & 23 Feb (Thu) 2, 16 & 23 Mar (Thu) 7pm-9pm	Cantonese		3 Feb (Fri)
Mindfulness Programme	Photography & Meditation Exhibition	Display the photos of the participants in the workshop hosted by Ven. Changlin	9 – 20 Jan Mon – Fri: 9am – 10pm Sat: 9am – 6pm	N/A	No prior registration is required	
	Chocolate making with Mindfulness Workshop	Chocolate making and tasting, with mindfulness practice	5 Feb (Sun) 10am-5pm	Cantonese (translation to English/Mandarin is available)	Enrollment is closed	
	Film screening	Film screening “Peaceful Warrior” followed by sharing session of Ven. Changlin	2 Mar (Thu) 3:30pm-6:30pm	English (Chinese & English subtitles)		N/A
Work Experience Programme	Leadership Development Programme – The 7	A better career preparation by learning 7 habits for	4 & 11 Feb (Sat) 9:30am-5:30pm	Cantonese	Enrollment is closed	

	Habits of Highly Effective People	enhancing personal efficacy				
Make a Wish Scheme		Provide subsidy to realize students' dreams which contribute to the community	Academic year 2022/23	N/A		13 Feb (Mon)
Cultural Integration Programme	New Year Party	Celebration of New Year with people from different nationalities and cultural background	16 Jan (Mon) 7pm – 9pm	English	Enrollment is closed	
	Tung Ping Chau Eco Culture Tour	Tour in Tung Ping Chau and make friends with people from different nationalities and cultural background	12 Feb (Sun) 8:30am – 7pm	Cantonese / English		2 Feb (Thu)
	Hong Kong and Chinese History: The Dr Sun Yat-sen Historical Trail	Introduce the history and background of The Dr Sun Yat-sen Historical Trail	25 Mar (Sat) 2:30pm – 5:30pm	Cantonese / English		5 Mar (Sun)
IT Sharing Sessions	Adobe Photoshop Workshop (Elementary)	Introduce basic Adobe Photoshop skills	13, 20 & 27 Feb (Mon) 7pm – 9pm	Cantonese		2 Feb (Thu)
	Adobe Photoshop Workshop (Advanced)	Introduce advanced Adobe Photoshop skills	20 & 27 Mar (Mon) 7pm – 9:30pm	Cantonese		2 Feb (Thu)

	Adobe Illustrator Workshop (Elementary)	Introduce basic Adobe Illustrator skills	Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed
	Adobe Illustrator Workshop (Advanced)	Introduce advanced Adobe Illustrator skills	Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed
	Adobe Premiere Pro Workshop (Elementary)	Introduce basic Adobe Premiere Pro Skills	23 Feb (Thu) 7pm – 9pm	Cantonese		2 Feb (Thu)
	Adobe Premiere Pro Workshop (Advanced)	Introduce advanced Adobe Premiere Pro skills	2 & 9 Mar (Thu) 7pm – 9pm	Cantonese		2 Feb (Thu)
	Adobe InDesign Workshop (Elementary)	Introduce basic Adobe InDesign skills	6 Feb (Mon) 7pm – 9pm	Cantonese		2 Feb (Thu)
	Microsoft Excel Workshop (Elementary)	Introduce basic Microsoft Excel skills	21 Feb (Tue) 7pm – 9pm	Cantonese		2 Feb (Thu)
	Canva Workshop (Elementary)	Introduce basic Canva skills	Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed

Sports and Recreation Courses	K-pop Dance		21 & 28 Feb (Tue) 7, 14, 21 & 28 Mar (Tue) 6:30pm – 8pm	Cantonese		13 Feb (Mon)
	Thai Boxing		9, 16 & 23 Feb (Thu) 2, 9, 16, 23 & 30 Mar (Thu) 6:30pm – 8pm	Cantonese		2 Feb (Thu)
	Pilates		16 & 23 Feb (Thu) 2, 9, 16 & 23 Mar (Thu) 7pm – 8:30pm	Cantonese		8 Feb (Wed)
	Tennis		16 & 23 Feb (Thu) 2, 16, 23 & 30 Mar (Thu) 6pm – 8pm	Cantonese		9 Feb (Thu)
	Yoga		20 & 27 Feb (Mon) 6, 13, 20 & 27 Mar (Mon) 6:30pm – 8pm	Cantonese		13 Feb (Mon)

	Golf Elementary Class		15, 22 & 24 Feb 1, 3, *8 Mar (Wed & Fri) 5:30pm – 7:30pm * 4pm – 6pm	Cantonese		8 Feb (Wed)
	Kayak (1-star Award)		Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed
	Kayak (2-star Award)		Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed
	Introduction to Sailing Training Course (Level 1)		Feb - Mar (Date to be confirmed)	Cantonese	Enrollment to be open soon	To be confirmed